

SOCIAL DROP-IN TENNIS



Wednesdays (Level 3.0 or higher):

Courts 1 & 2: 9AM – 11 AM

Court 7: 9AM – 11 AM

Saturdays (Level 3.0 or higher):

Courts 1, 2, 7 & 8: 9 AM – 11 AM

Sundays (Level 2.5 or below):

Court 7: 9:30AM – 11 AM

PLEASE NOTE: On Wednesday and Saturday your level of play needs to be at a tennis rating of 3.0 or higher. Sunday is for 2.5 players. See NTRP ratings below.

NTRP GENERAL GUIDELINES:

2.5 players:

This player is learning to judge where the oncoming ball is going and how much swing is needed to return it consistently. Movement to the ball and recovery are often not efficient. Can sustain a backcourt rally of slow pace with other players of similar ability and is beginning to develop strokes. These are beginning players.

3.0 players:

This player is becoming more familiar with the basic positions for singles and doubles, and is ready to play social matches, leagues and low-level tournaments. Potential limitations: grip weaknesses; limited swing and inconsistent toss on serve; limited transitions to the net. 3.0 This player is fairly consistent when hitting medium-paced shots, but is not comfortable with all strokes and lacks accuracy when trying for directional control, depth, pace or altering distance of shots. Most common doubles formation is one up, one back. Potential limitations: inconsistency when applying or handling pace; difficulty handling shots outside of their strike zone; can be uncomfortable at the net.

Open to LHTG Members, SCLH Residents, and their guests.

- Format will be determined by the court coordinators, on the courts each session.
- Play will be doubles. Balls provide by players.
- 15 Minutes after the start of Drop-in Tennis, any unused courts will be relinquished for general play. From Aug 14th, 2024 through Dec 31st, 2024.